



**Empowering the Hand Therapist to deal
with the patient who has encountered a
traumatic experience**

25 March 2019

Presented by: SASHT – Western Cape

A workshop presented for Therapists working with upper extremity conditions
by SASHT (South African Society of Hand Therapists)

Workshop Date: Monday, 25 March 2019

Time: Registration 18:00
Course 18:30 – 20:30

Register By: 20 March 2019 (Last registration @ 12h00)

Cost: SASHT members R 280
Non-SASHT members R 320
These costs include light refreshments

Venue: Red Cross War Memorial Children's Hospital
ICH, 7th Floor

Enquiries: The Conference Company

E-mail: louise@confco.co.za

No late registrations (i.e. after 20 March 2019) will be accepted.

No payments will be allowed on the day of the course

CPD Points have been applied for

- Please confirm your place prior to making payment.
- Please email your completed registration form and then proof of payment to louise@confco.co.za to secure your place.
- For a cash deposit, please add R50 for bank charges
- Please note that a cancellation fee of 50% will be charged in the event of cancellation after 20 March 2019.

Provisional Course Outline



SOUTH AFRICAN SOCIETY OF
HAND THERAPISTS

18:00 – 18:30 Registration

18:30 – 20:30 Topics covered

- Holistic view of a patient (describing patient as occupational being)
- Theoretical frameworks that could be applied within an OT setting
- Traumatic experiences –
 - Defining trauma
 - Stages of trauma
 - Impact of trauma on a patient / How patients experience trauma
- Validating a patient's emotions and experience, as well as the role as the therapist
- What is the next step in intervention?
 - Case study based discussions

20:30 - 20:45 Workshop closure and evaluation