



**ONLINE COURSE:
VIRTUAL SPLINTING WORKSHOP**
(with Orficast Material)
1 DECEMBER 2020 14:00-18:00
Presented by: Dr Deborah A Schwartz
SASHT – EXCO

A workshop presented for Therapists working with upper extremity conditions by SASHT (South African Society of Hand Therapists)

Workshop Date:	Tuesday 1 December 2020
Time:	14:00-18:00
Register by:	17 th of November 2020 (Last registration @ 12h00)
Speaker:	Dr Deborah A Schwartz, Occupational Therapist, Certified Hand Therapist
Cost (includes material):	SASHT members R800 Non-SASHT member's R950
CEU points:	4 CEU points
Registration:	Register online via the link provided in the email/ via the SASHT website https://www.sasht.org.za
Venue:	Zoom Online (link will be emailed to participants)
Attendance space:	<i>ONLY 25 spaces available</i>
Enquiries:	The Conference Company; louise@confco.co.za

No late registrations (i.e. after 17th of November) will be accepted.
No payments will be allowed on the day of the course
CPD Points have been applied for (see above)

Receive your material via courier and get the opportunity to make five splints while you watch an expert. You will need to be seated near a towel, saucepan, scissors, heat gun and towel.

Each participant will be supplied with the following materials (couriered parcel), including OTTOBOCK Orficast 3 cm x 50 cm; Orficast 6 cm x 120 cm; Orficast More 15 cm x 75 cm.

- **Places are limited to 25 participants only**
- Please confirm your place prior to making payment.
- Please email your completed registration form and then proof of payment to sashtadmin@confco.co.za to secure your place.

Orthotic Management of Common Clinical Conditions
PROVISIONAL PROGRAMME



1 December 2020 14:00-18:00

Presented by: Dr Deborah A Schwartz

Learning Objectives:

1. Recognize clinical conditions of the fingers, thumb and hand that benefit from orthotic management.
2. Learn tips and tricks for working with low temperature thermoplastic materials that benefit specific orthotic fabrication.
3. Identify the steps of fabrication for 3-5 custom orthoses for the fingers, thumb and hand.
4. Successfully fit and fabricate 3-5 orthoses for the fingers, thumb and/ or hand.

Programme flow:

14:00 Introduction, housekeeping rules, virtual sign in

Orthosis for the thumb:

- Short Thumb Opponens orthosis (*Orficast More 15 cm and/ or Orficast 6 cm*) for the management of CMC joint OA
- Long Thumb Opponens orthosis (*Orficast 15 cm*) for the management of De Quervain's syndrome

Orthosis for the fingers:

- Orthosis for Stenosing Tenosynovitis / trigger finger (*Orficast 3 cm*)

Hand based orthosis

- Orthoses for Metacarpal Fractures – Radial or ulnar gutter orthoses, hand based
- (*Orficast 15 cm*)

Anti-claw orthosis

- Orthoses for Peripheral Nerve Dysfunction: Anti- Claw Orthosis and Combined Ulnar
- Nerve/ Median Nerve Dysfunction (*Orficast 6 cm*)

Static progressive orthosis for stiffness of the MPJ

- Demonstration only.

17:45 Thank you. Wrap-up, Questions, and answers. CPD sign out.